

St Teresa's Autumn Menu 2025 - Dairy Free

week 1 - 1 Sep / 22 Sep / 13 Oct / 10 Nov / 1 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
DF Tomato Pasta Breadsticks Peas	Chicken Burger Herby Potatoes Sweetcorn	DF Pizza Wedges Carrots	Roast Chicken Roast Potatoes Mixed Veg	Fish Fingers Chips Baked Beans
week 2 - 8 Sep / 29 Sep / 20 Oct / 17 Nov / 8 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
DF Tomato Pasta Sweetcorn	Chicken Nuggets Wedges Carrots	DF Pizza Herby Potatoes Broccoli	Sausages, Gravy, Roast Potatoes Mixed Veg	Fish Fingers Chips Peas
Week 3 - 15 Sep / 6 Oct / 3 Nov / 24 Nov / 15 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognaise Breadsticks Green Beans	Sausages Potatoes Baked Beans	Chicken Korma Rice Mini Popadoms	Roast Turkey Roast Potatoes Mixed Veg	Fish Fingers Chips Baked Beans

Desert - Choice of: **Daily Desert, Fresh Fruit, Fruit Yoghurt or Fruit Jelly**