

St Teresa's Autumn Menu 2025

week 1 - 1 Sep / 22 Sep / 13 Oct / 10 Nov / 1 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Tuna Pasta Bake / Tomato Pasta Breadsticks Peas	Chicken Burger Herby Potatoes Sweetcorn	Ham Pizza Wedges Carrots	Roast Chicken Roast Potatoes Mixed Veg	Fish Fingers Chips Baked Beans
week 2 - 8 Sep / 29 Sep / 20 Oct / 17 Nov / 8 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese Garlic Bread Sweetcorn	Chicken Nuggets Wedges Carrots	Cheese Pizza Herby Potatoes Broccoli	Sausages, Yorkshire Pudding Gravy, Roast Potatoes Mixed Veg	Fish Fingers Chips Peas
Week 3 - 15 Sep / 6 Oct / 3 Nov / 24 Nov / 15 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese Breadsticks Green Beans	Sausages Mash Baked Beans	Chicken Korma Rice Mini Popadoms	Roast Turkey Roast Potatoes Mixed Veg	Fish Fingers Chips Baked Beans
Daily Sandwich Selection - Wholemeal Bread with choice of Filling - Cheese, Tuna Mayo, Ham. A Jam sandwich will be available instead of Tuna on week 2. Served with Popcorn, cucumber sticks, plus Orange or Apple Juice. Choice of Desert.				
Daily Jacket Potato Selection - Grated Cheese, Tuna Mayonnaise, Baked Beans. Choice of Desert				
Omelette - Freshly prepared omelette, served with vegetables, cheese or Baked Beans. Choice of Desert.				

Desert - Choice of: **Daily Desert, Fresh Fruit, Fruit Yoghurt or Fruit Jelly**