

St Teresa's Autumn Menu 2025 - Gluten Free

week 1 - 1 Sep / 22 Sep / 13 Oct / 10 Nov / 1 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
GF Tomato Pasta Peas	GF Chicken Burger Herby Potatoes Sweetcorn	GF Pizza Carrots	Roast Chicken GF Gravy, Roast Potatoes Mixed Veg	GF Fish Fingers Chips Baked Beans
week 2 - 8 Sep / 29 Sep / 20 Oct / 17 Nov / 8 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
GF Tomato Pasta Sweetcorn	GF Chicken Nuggets Wedges Carrots	GF Pizza Herby Potatoes Broccoli	GF Sausages GF Gravy, Roast Potatoes Mixed Veg	GF Fish Fingers Chips Peas
Week 3 - 15 Sep / 6 Oct / 3 Nov / 24 Nov / 15 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
GF Tomato Pasta Green Beans	GF Sausages Mash Baked Beans	Chicken Korma Rice Poppadoms	Roast Turkey GF Gravy, Roast Potatoes Mixed Veg	GF Fish Fingers Chips Baked Beans

Desert - Choice of: **Daily Desert, Fresh Fruit, Fruit Yoghurt or Fruit Jelly**