

St Teresa's Spring Menu 2026 - Dairy Free

week 1 - 5 Jan / 26 Jan / 23 Feb / 16 Mar				
Monday	Tuesday	Wednesday	Thursday	Friday
DF Tomato Pasta Breadsticks Peas	Chicken Nuggets Herby Potatoes Baked Beans	Veggie Curry Rice	Roast Chicken Roast Potatoes Mixed Veg	Fish Fingers Chips Peas
week 2 - 12 Jan / 2 Feb / 2 Mar / 23 Mar				
Monday	Tuesday	Wednesday	Thursday	Friday
DF Tomato Pasta Sweetcorn	Veggie Chilli Rice	Sausage in a bun Wedges Baked Beans	Roast Turkey Roast Potatoes Mixed Veg	Fish Fingers Chips Peas
week 3 - 19 Jan / 9 Feb / 9 Mar				
Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognaise Breadsticks Green Beans	Chicken Korma Rice Mini Popadoms	DF Pizza Wedges Carrots	Sausages Gravy & Roast Potatoes Mixed Veg	Fish Fingers Chips Baked Beans