

St Teresa's Spring Menu 2026 - Gluten Dairy Free

week 1 - 5 Jan / 26 Jan / 23 Feb / 16 Mar				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Pasta Breadsticks Peas	Veggie Nuggets Herby Potatoes Baked Beans	Veggie Curry Rice	Veggie Roast Roast Potatoes Mixed Veg	Veggie Fingers Chips Peas
week 2 - 12 Jan / 2 Feb / 2 Mar / 23 Mar				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Pasta Garlic Bread Sweetcorn	Veggie Chilli Rice	Veggie Sausages Wedges Baked Beans	Veggie Roast Roast Potatoes Mixed Veg	Veggie Fingers Chips Peas
week 3 - 19 Jan / 9 Feb / 9 Mar				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Pasta Breadsticks Green Beans	Veggie Korma Rice Mini Popadoms	Cheese Pizza Wedges Carrots	Veggie Sausages, Yorkshire Pud Gravy & Roast Potatoes Mixed Veg	Veggie Fingers Chips Baked Beans