

St Teresa's Autumn Menu 2026 - Vegetarian

week 1 - 31 Aug / 21 Sep / 12 Oct / 9 Nov / 30 Nov				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Pasta Breadsticks Peas	Veggie Nuggets Herby Potatoes Baked Beans	Veggie Chilli Burrito Sweetcorn	Veggie Roast Roast Potatoes Mixed Veg	Veggie Fingers Chips Peas
week 2 - 7 Sep / 28 Sep / 19 Oct / 16 Nov / 7 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese Garlic Bread Sweetcorn	Veggie Curry Rice Mini Popadoms	Veggie Sausage in a Bun Wedges Baked Beans	Veggie Roast Roast Potatoes Mixed Veg	Veggie Fingers Chips Peas
week 3 - 14 Sep / 5 Oct / 2 Nov / 23 Nov / 14 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Pasta Breadsticks Green Beans	Veggie Burger Herby Potatoes Tomato & Cucumber	Cheese Pizza Wedges Carrots	Veggie Sausage, Yorkshire Pudding Gravy & Roast Potatoes Mixed Veg	Veggie Fingers Chips Baked Beans
Daily Sandwich Selection - Wholemeal Bread with choice of Filling - Cheese. Served with Popcorn, cucumber sticks / cherry tomatoes, plus Orange or Apple Juice. Choice of Desert.				
Daily Jacket Potato Selection - Grated Cheese or Baked Beans. Choice of Desert				
Omelette - Freshly prepared omelette, served with vegetables, cheese or Baked Beans. Choice of Desert.				

Desert - Choice of: **Daily Desert, Fresh Fruit, Fruit Yoghurt or Fruit Jelly**