

St Teresa's Autumn Menu 2026

week 1 - 31 Aug / 21 Sep / 12 Oct / 9 Nov / 30 Nov				
Monday	Tuesday	Wednesday	Thursday	Friday
Tuna Pasta Bake / Tomato Pasta Breadsticks Peas	Chicken Nuggets Herby Wedges Baked Beans	Chilli Beef Burritos Sweetcorn	Roast Chicken Roast Potatoes Mixed Veg	Fish Fingers Chips Peas
week 2 - 7 Sep / 28 Sep / 19 Oct / 16 Nov / 7 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese Garlic Bread Broccoli	Chicken Curry Rice Green Beans	Hot Dog Wedges Baked Beans / Coleslaw	Roast Turkey Roast Potatoes Mixed Veg	Fish Fingers Chips Peas
week 3 - 14 Sep / 5 Oct / 2 Nov / 23 Nov / 14 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognaise Cheesy Breadsticks Green Beans	Chicken Burger Herby Potatoes Tomato & Cucumber	Pepperoni Pizza Wedges Carrots	Sausages Roasted New Potatoes & Gravy Cabbage	Fish Fingers Chips Baked Beans
Daily Sandwich Selection - Wholemeal Bread with choice of Filling - Cheese, Tuna Mayo, Ham. Served with Popcorn, cucumber sticks / cherry tomatoes, plus Orange or Apple Juice. Choice of Desert.				
Daily Jacket Potato Selection - Grated Cheese, Tuna Mayonnaise, Baked Beans. Choice of Desert				
Omelette - Freshly prepared omelette, served with vegetables, cheese or Baked Beans. Choice of Desert.				

Desert - Choice of: **Daily Desert, Fresh Fruit, Fruit Yoghurt or Fruit Jelly**