

St Teresa's Summer School Menu 2021 - Dairy Free

Week 1 - 19 Apr / 10 May / 7 Jun / 28 Jun / 19 Jul				
Monday	Tuesday	Wednesday	Thursday	Friday
DF Chicken & Sweetcorn Pasta Bake	Chicken Nuggets	Minced Beef in	Roast Turkey	Fish Fingers
Garlic Bread	BBQ Sauce	Tomato Sauce	Roast Potatoes	Chips
Cherry Tomatoes & Cucumber	Mash & Green Beans	Vegetable Rice	Mixed Vegetables	Peas
Shortbread	Pear Sponge	Arctic Roll	Butterscotch Mousse	Brownies
Week 2 - 26 Apr / 17 May / 14 Jun / 5 Jul				
Monday	Tuesday	Wednesday	Thursday	Friday
Beef Burgers	Lancashire Hot Pot	Tomato Pizza	Roast Beef	Fish Fingers
Potato Wedges	Swede & Carrots	Carrots	Yorkshire Pudding	Chips
Sweetcorn			Roast Potatoes & Mixed Veg	Peas
Oaty Biscuit	Apricot Flapjack	Strawberry Ice Cream	Jam Sponge	Fruit Crunch
Week 3 - 3 May / 24 May / 21 Jun / 12 Jul				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Pasta	Sausages	Tomato Pasta	Roast Chicken	Fish Fingers
Sweetcorn	Mash	Garlic Bread	New Potatoes	Chips
	Baked Beans	Green Beans	Broccoli & Cauliflower	Sweetcorn & Peas
Lemon Drizzle Cake	Choc Ice	Banana Muffin	Chocolate Orange Cake	Syrup Cornflake Cake
Daily Sandwich Selection - Wholemeal Bread with choice of Filling - Cheese, Tuna Mayo, Ham. Served with Popcorn, cucumber sticks, plus Orange or Apple Juice. Choice of Desert.				
Daily Jacket Potato Selection - Grated Cheese, Tuna Mayonnaise, Baked Beans. Choice of Desert				
Omelette - Freshly prepared omelette, served with vegetables, cheese or Baked Beans. Choice of Desert.				

Alternative Desert Choice: Fresh Fruit, Fruit Yoghurt, Fruit Jelly and Cheese and Crackers