

St Teresa's Autumn School Menu 2021 - Vegetarian

Week 1 - 3 Sep / 6 Sep / 27 Sep / 17 Oct / 15 Nov / 6 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy Pasta Bake Garlic Bread Broccoli	Veggie Burgers Potato Wedges Sweetcorn	Veggie Mince in Tomato sauce Carrots	Veggie Roast Roast Potatoes Mixed Vegetables	Veggie Fingers Chips Beans
Week 2 - 13 Sep / 4 Oct / 1 Nov / 22 Nov / 13 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Pasta Breadsticks Swede	Veggie Sausages Mash Baked Beans	Tomato Pasta Garlic Bread Green Beans	Veggie Roast Roast Potatoes Mixed Vegetables	Veggie Fingers Chips Peas
Week 3 - 20 Sep / 11 Oct / 8 Nov / 29 Nov				
Monday	Tuesday	Wednesday	Thursday	Friday
Veggie Nuggets BBQ Sauce Mash & Beans	Cheese & Tomato Pizza Sweetcorn	Tomato Pasta Bake & Garlic Bread Green Beans	Veggie Roast Yorkshire Pudding Roast Potatoes & Mixed Veg	Veggie Fingers Chips Peas
Daily Sandwich Selection - Wholemeal Bread with choice of Filling - Cheese, Tuna Mayo, Ham. Served with Popcorn, cucumber sticks, plus Orange or Apple Juice. Choice of Desert.				
Daily Jacket Potato Selection - Grated Cheese, Tuna Mayonnaise, Baked Beans. Choice of Desert				
Omelette - Freshly prepared omelette, served with vegetables, cheese or Baked Beans. Choice of Desert.				

Alternative Desert Choice: Fresh Fruit, Fruit Yoghurt, Fruit Jelly and Cheese and Crackers