

St Teresa's Autumn School Menu 2020

Week 1 - 3 Sep / 21 Sep / 12 Oct / 9 Nov / 30 Nov				
Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese Garlic Bread Broccoli	Sausages Mash Baked Beans	Beef Burgers Herby Potatoes Carrots & Swede	Roast Turkey Mash Mixed Vegetables	Breaded Fish Chips Peas & Carrots
Cupcakes	Sticky Toffee Pudding	Chocolate Chip Muffins	Chocolate Sponge	Iced Buns
Week 2 - 7 Sep / 28 Sep / 19 Oct / 16 Nov / 7 Dec				
Monday	Tuesday	Wednesday	Thursday	Thursday
Chicken & Broccoli Creamy Pasta Bake Peas	Lasagne Breadsticks Green Beans	Chicken Goujons Potato wedges Sweetcorn & Peas	Roast Beef Roast Potatoes Mixed Vegetables	Fish Cake Chips Baked Beans
Vanilla Ice Cream	Courgette Brownie	Carrot Cake	Butterscotch Mousse	Doughnuts
Week 3 - 14 Sep / 5 Oct / 2 Nov / 23 Nov / 14 Dec				
Monday	Tuesday	Wednesday	Thursday	Thursday
Spaghetti Bolognese Breadsticks Green Beans	Cheese & Tomato Pizza Sweetcorn	Baked Mediteranean Rice in tomato Sauce Carrots & Peas	Roast Chicken Potato Wedges Mixed Vegetables	Fish Fingers Chips Peas
Baked Cheesecake	Choc Ices	Flapjack	Pear Sponge	Yum yums
Daily Sandwich Selection - Wholemeal Bread with choice of Filling - Cheese, Tuna Mayo, Egg Mayo, Ham. Served with Popcorn, carrot sticks, plus Orange or Apple Juice. Choice of Desert.				
Daily Jacket Potato Selection - Grated Cheese, Tuna Mayonnaise, Baked Beans. Choice of Desert				
Omelette - Freshly prepared omelette, served with vegetables, cheese or Baked Beans. Choice of Desert.				

Alternative Desert Choice: Fresh Fruit, Fruit Yoghurt, Fruit Jelly and Cheese and Crackers