

St Teresa's Spring School Menu 2020

Week 1 - 6 Jan / 27 Jan / 24 Feb / 16 Mar				
Monday	Tuesday	Wednesday	Thursday	Friday
Tuna Pasta Bake Cauliflower	Minced Beef Tacos with Mixed Peppers & Corn Herby Potatoes	Tomato Pizza Wedges Sweetcorn	BBQ Roast Chicken Roast Potatoes Mixed Vegetables	Breaded Fish Chips Peas
Flapjack	Yum Yums	Chocolate or Vanilla Ice Cream	Pineapple Upside Down Cake	Oaty Chocolate Biscuit
Week 2 - 13 Jan / 3 Feb / 2 Mar / 23 Mar				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Meatballs in Tomato Sauce with Mash Sweetcorn	Lasagne with Home Made Bread Green Beans	Mediterranean Beef Curry Rice Peas	Roast Turkey Roast New Potatoes Swede & Carrots	Battered Fish Chips Baked Beans
Pear Sponge	Gingerbread	Strawberry or Vanilla Ice Cream	Chocolate Brownies	Raspberry Muffins
Week 3 - 20 Jan / 10 Feb / 9 Mar / 30 Mar				
Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Carbonara Garlic Bread Carrots	Lamb Burger Wedges Tomato & Cucumber	Chicken Goujons Chips Sweetcorn & Peas	Roast Beef Roast Potatoes Mixed Vegetables	Fish Fingers Chips Peas
Iced Buns	Strawberry Cheesecake	Syrup sponge	Butterscotch Mousse	Chocolate Shortbread
Daily Sandwich Selection - Wholemeal Bread with choice of one filling - Cheese, Tuna Mayo, Egg Mayo, Ham. Served with Popcorn & Cucumber plus Orange or Apple Juice. Choice of Dessert.				
Daily Jacket Potato Selection - Grated Cheese, Tuna Mayonnaise, Baked Beans. Choice of Dessert				
Omelette - Freshly prepared omelette, served with vegetables, cheese or Baked Beans				

Alternative Dessert Choice: Fresh Fruit, Fruit Yoghurt, Fruit Jelly and Cheese and Crackers