

## St Teresa's Autumn School Menu 2021 - Dairy Free

Week 1 - 3 Sep / 6 Sep / 27 Sep / 17 Oct / 15 Nov / 6 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Dairy Free Cheesy Pasta Bake Broccoli	Beef Burgers Potato Wedges Sweetcorn	Cottage Pie Carrots	Roast Chicken Roast Potatoes Mixed Vegetables	Fish Fingers Chips Beans
Week 2 - 13 Sep / 4 Oct / 1 Nov / 22 Nov / 13 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese Breadsticks Swede	Sausages Plain Potatoes Baked Beans	Mince & Tomato Pasta  Green Beans	Roast Turkey Roast Potatoes Mixed Vegetables	Fish Fingers Chips Peas
Week 3 - 20 Sep / 11 Oct / 8 Nov / 29 Nov				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Goujons  BBQ Sauce Potatoes & Beans	Dairy Free Pizza  Sweetcorn	Minced beef & Macaroni Dairy Free Green Beans	Roast Beef  Yorkshire Pudding Roast Potatoes & Mixed Veg	Fish Fingers  Chips Peas
<b>Daily Sandwich Selection</b> - Wholemeal Bread with choice of Filling - Cheese, Tuna Mayo, Ham. Served with Popcorn, cucumber sticks, plus Orange or Apple Juice. Choice of Desert.				
<b>Daily Jacket Potato Selection</b> - Grated Cheese, Tuna Mayonnaise, Baked Beans. Choice of Desert				
<b>Omelette</b> - Freshly prepared omelette, served with vegetables, cheese or Baked Beans. Choice of Desert.				

**Alternative Desert Choice:    Fresh Fruit, Fruit Yoghurt, Fruit Jelly and Cheese and Crackers**