

## St Teresa's Autumn School Menu 2018

Week 1 - 3 Sep / 24 Sep / 15 Oct / 12 Nov / 3 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fried Rice Garden Peas Sweetcorn	Beef Burgers Potato Wedges Coleslaw	Lasagne Garlic Bread Carrots & Swede	Roast Turkey Roast Potatoes Mixed Vegetables	Fish Fingers Chips Garden Peas
Lemon Drizzle Cake	Sticky Toffee Pudding	Vanilla Sponge	Chocolate Cookies	Strawberry Ice Cream
Week 2 - 10 Sep / 1 Oct / 29 Oct / 19 Nov / 10 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognaise Bread Sticks Carrots & Sweetcorn	Sausages Mash Baked Beans	Tomato Pizza Wedges Sweetcorn	Roast Chicken Roast Potatoes Green Beans	Jumbo Fish Fingers Chips Garden Peas
Strawberry Mousse	Iced Buns	Chocolate Sponge	Syrup Sponge	Chocolate Ice Cream
Week 3 - 17 Sep / 8 Oct / 5 Nov / 26 Nov / 17 Dec				
Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese Garlic Bread Broccoli	Minced Beef Pie New Potatoes Peas	Chicken Goujons Sweet Potato Wedges Tomato & Cucumber	Roast Beef Roast Potatoes Yorkshire Pudding Mixed Vegetables	Fish Cake Chips Garden Peas
Banana Muffin	Yum Yums	Chocolate Shortbread	Blueberry Cheesecake	Choc Ices
<b>Daily Sandwich Selection</b> - Wholemeal Bread with choice of Filling - Cheese, Tuna Mayo, Egg Mayo, Ham. Served with Popcorn plus Orange or Apple Juice. Choice of Desert.				
<b>Daily Jacket Potato Selection</b> - Grated Cheese, Tuna Mayonnaise, Baked Beans. Choice of Desert				
<b>Omelette</b> - Freshly prepared cheese omelette, served with vegetables or Baked Beans				

**Alternative Desert Choice:    Fresh Fruit, Fruit Yoghurt, Fruit Jelly and Cheese and Crackers**