

St Teresa's Spring Gluten Free School Menu 2021

Week 1 - 3 Sep / 21 Sep / 12 Oct / 9 Nov / 30 Nov				
Monday	Tuesday	Wednesday	Thursday	Friday
GF Cheesy Pasta Breadsticks Green Beans	GF Pizza Sweetcorn Carrots	Gluten Free chicken Burger Potato wedges Carrots	Roast Beef Roast Potatoes Mixed Vegetables	GF Fish Fingers Chips Peas
Week 2 - 7 Sep / 28 Sep / 19 Oct / 16 Nov / 7 Dec				
Monday	Tuesday	Wednesday	Thursday	Thursday
Tomato GF Pasta Garlic Bread Swede & Corn	Sausages Mash Baked Beans	Beef Burgers Herby Potatoes Carrots & Sweetcorn	Roast Chicken Roast Potatoes Mixed Vegetables	GF Fish Fingers Chips Baked Beans
Week 3 - 14 Sep / 5 Oct / 2 Nov / 23 Nov / 14 Dec				
Monday	Tuesday	Wednesday	Thursday	Thursday
Creamy GF Pasta with Broccoli Peas	Gluten Free Chicken Burger Potato wedges Carrots	GF Pasta bolognaise Garlic Bread Green Beans	Roast Turkey Roast Potatoes Mixed Vegetables	GF Fish Fingers Chips Peas

Alternative Desert Choice: Fresh Fruit, Fruit Yoghurt, Fruit Jelly and Cheese and Crackers