

St Teresa's Spring School Menu 2021

Week 1 - 4 Jan / 25 Jan / 22 Feb / 15 Mar				
Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	Cheese & Tomato Pizza	Breaded Chicken with BBQ sauce	Roast Beef & Yorkshire Pudding	Jumbo Fish Fingers
Breadsticks	Carrots	Potato wedges	Roast Potatoes	Chips
Green Beans	Sweetcorn	Carrots	Mixed Vegetables	Peas
Raspberry Muffin	Strawberry Ice Cream	Chocolate Flapjack	Vanilla Sponge	Yum yums
Week 2 - 11 Jan / 1 Feb / 1 Mar / 22 Mar				
Monday	Tuesday	Wednesday	Thursday	Thursday
Lasagne	Sausage Rolls	Beef Burgers	Roast Chicken	Fish Cake
Garlic Bread	Mash	Herby Potatoes	Roast Potatoes	Chips
Swede & Sweetcorn	Baked Beans	Carrots & Sweetcorn	Mixed Vegetables	Baked Beans
Vanilla Ice Cream	Sticky Toffee Pudding	Courgette Brownie	Choc ices	Iced Buns
Week 3 - 18 Jan / 8 Feb / 8 Mar / 29 Mar				
Monday	Tuesday	Wednesday	Thursday	Thursday
Chicken & Broccoli	Chicken Goujons	Spaghetti Bolognese	Roast Turkey	Fish Fingers
Creamy Pasta Bake	Potato wedges	Garlic Bread	Roast Potatoes	Chips
Peas	Carrots	Green Beans	Mixed Vegetables	Peas
Chocolate Ice Cream	Carrot Cake	Blueberry Cheesecake	Strawberry Mousse	Doughnuts
Daily Sandwich Selection - Wholemeal Bread with choice of Filling - Cheese, Tuna Mayo, Ham. Served with Popcorn, cucumber sticks, plus Orange or Apple Juice. Choice of Desert.				
Daily Jacket Potato Selection - Grated Cheese, Tuna Mayonnaise, Baked Beans. Choice of Desert				
Omelette - Freshly prepared omelette, served with vegetables, cheese or Baked Beans. Choice of Desert.				

Alternative Desert Choice: Fresh Fruit, Fruit Yoghurt, Fruit Jelly and Cheese and Crackers