

St Teresa's Spring Vegetarian School Menu 2021

Week 1 - 3 Sep / 21 Sep / 12 Oct / 9 Nov / 30 Nov				
Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese Breadsticks Green Beans	Cheese & Tomato Pizza Carrots Sweetcorn	Veggie Chicken Burgers Potato Wedges Carrots	Quorn Roast Potatoes Mixed Vegetables	Veggie Fingers Chips Peas & Carrots
Week 2 - 7 Sep / 28 Sep / 19 Oct / 16 Nov / 7 Dec				
Monday	Tuesday	Wednesday	Thursday	Thursday
Tomato Pasta Garlic Bread Swede & Sweetcorn	Veggie Sausages Mash Baked Beans	Veggie Burgers Herby Potatoes Carrots & Sweetcorn	Quorn Roast Roast Potatoes Mixed Vegetables	Veggie Fingers Chips Baked Beans
Week 3 - 14 Sep / 5 Oct / 2 Nov / 23 Nov / 14 Dec				
Monday	Tuesday	Wednesday	Thursday	Thursday
Broccoli Creamy Pasta Bake Peas	Veggie Nuggets Potato wedges Carrots	Tomato & quorn Pasta Garlic Bread Green Beans	Quorn Roast Potato Wedges Mixed Vegetables	Veggie Fingers Chips Peas

Alternative Desert Choice: Fresh Fruit, Fruit Yoghurt, Fruit Jelly and Cheese and Crackers